An Alternative Sentencing Program Utilizing the Transcendental Stress management (TSM) Program for Rehabilitation and Criminal Justice Reform

The use of Transcendental Stress Management (TSM) as a form of alternative sentencing is explained at this website. Access points on this TSM homepage are: welcome; website topics; materials available; certification; non-profit status; about TSM; research; experiences; endorsement; thanks; newsletters; links; orders; and contact information.

Accession Number: 020714

Related Documents

- Anger Management Programming for Federal Male Inmates: An Effective Intervention
- Changing Offender Behavior to Promote Public Safety [Participant's Manual and Lesson Plans]
- Thinking for a Change: Integrated Cognitive Behavior Change Program [Lesson Plans]
- Syllabus of Supportive Literature: NIC Thinking for a Change Program
- Motivational Interviewing Training [Lesson Plans]
- The Georgia Cognitive Skills Experiment Process Evaluation: Phase II
- THINK
- DETOUR Program: Problem Solving Skills for Offenders, a Scripted Unit of Instruction
- Cognitive-Behavioral Programs: A Resource Guide to Existing Services
- Self-Efficacy Beliefs and Career Development

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Source(s)
The Enlightened Sentencing Project (St. Louis, MO)

Details
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Related Topics
Rehabilitation (Offender Services)
Sentencing options (Justice System)
Transcendental Meditation